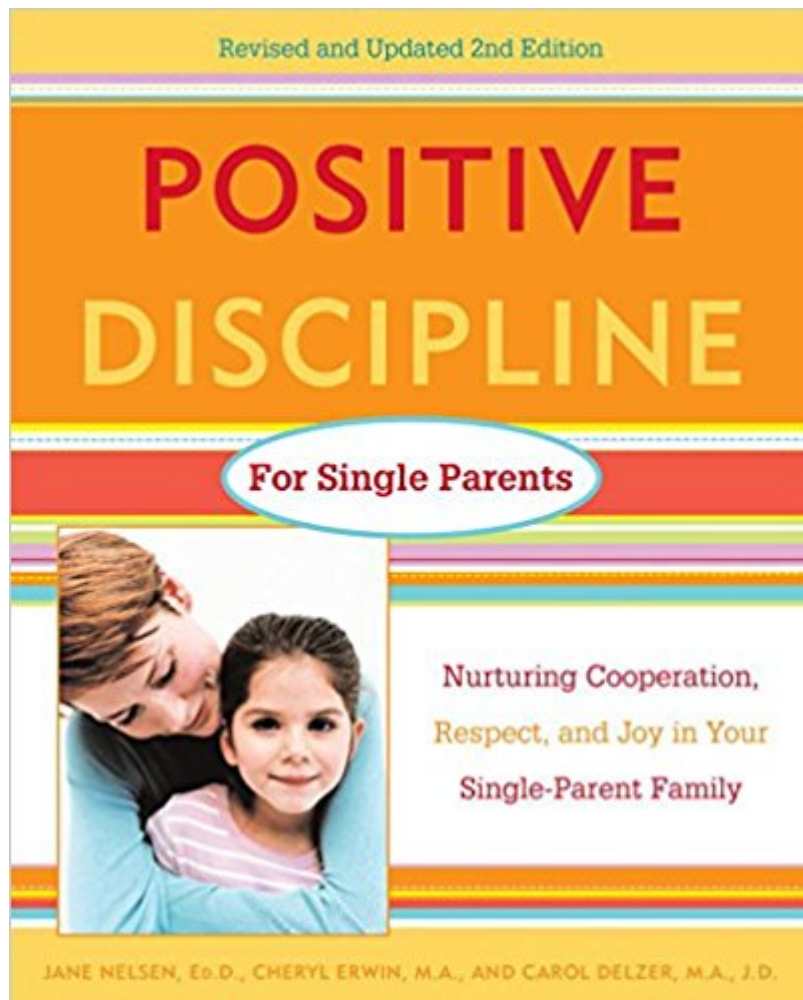




The book was found

# Positive Discipline For Single Parents : Nurturing, Cooperation, Respect And Joy In Your Single-Parent Family



## Synopsis

A Positive, Proven Approach to Single Parenting! As a single parent in our complex world, you face the challenge of doing alone a job that was meant for two people. In addition, self-doubt and guilt may dampen the joy you experience raising your child. What do you do? Over the years, millions of parents just like you have come to trust Jane Nelsen's classic POSITIVE DISCIPLINE series for its consistent, commonsense approach to child rearing. In this completely revised and updated edition of Positive Discipline for Single Parents you'll learn how to succeed as a single parent in the most important job of your life: raising a child who is responsible, respectful, and resourceful. Inside this reassuring book, you'll discover how to:

- Identify potential problems and develop skills to prevent them
- Budget time each week for family activities
- Create a respectful coparenting relationship with your former spouse
- Use nonpunitive methods to help your children make wise decisions about their behavior
- And much, much more!

"Provides very important information for single parents, especially in today's violent society. Used as a resource, it can help parents deal with discipline issues in a positive way and in turn help their children become responsible citizens."

—Judy Foy, international vice president, Community Relations, Parents Without Partners

"Another great resource for both single parents and therapists . . . practical and enjoyable to read. A must for your parenting library."

—Stephen Sprinkel, marriage and family therapist

## Book Information

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## Customer Reviews

Single parenting can be overwhelming and highly stressful, and single parents have relatively few

written guides at their disposal to help them through the challenges. Positive Discipline for Single Parents is one of the best. Like all of Jane Nelsen's books (Positive Discipline: The First Three Years, Positive Discipline A-Z, and others), Positive Discipline for Single Parents is as much about general positive parenting skills as it is about the smaller subset of discipline. Nelson and her assorted coauthors write books that focus on raising children with nonpunitive discipline, through clear communication techniques and child-positive approaches to problem solving. Nelson's parenting recommendations incorporate understanding misbehavior; encouragement, praise, trust, and respect for children; the use of firm, wise limits; and allowing and providing for natural and logical consequences for misbehavior. In Positive Discipline for Single Parents, Nelson and her collaborators deal with these issues and more, including ways to face the challenges presented by the children's other parent, and how to help your child accept your dating and sex life. They provide solutions, solace, and respite for parents trying to raise kids on their own without losing their minds.

--Ericka Lutz --This text refers to an out of print or unavailable edition of this title.

### A Positive, Proven Approach to Single Parenting!

A nice and useful read, i would recomend it even if you are not a single parent...

I found this book 90% unhelpful and disappointing. After reading so many good reviews I was eager to jump into it, however I was 2/3 of the way through the book before the actual topic of discipline was even raised and at that it was all about what you need to do before the problems start in order to head them off. Not helpful when you already have a discipline issue and you are obviously buying a book that claims to give you "positive" options. I lost interest but tried to finish it anyway, but my heart wasn't in it. I think I may have gleaned one or two suggestions that I could try before I just put the book down and couldn't find the will to pick it up again. Wordy without saying much that I could take away with me.

I borrowed this book from the library and loved it so much that I decided I needed to make it a part of my own library at home. So many times as single parents we are stressed beyond belief by the world that we forget that it is just as hard on the children as well as ourselves. This book helps single parents to think through some of the traps of parenting that we fall into. It has had many wonderful effects on my four year old son. It takes some time to get out of the normal sequence, but once you do you will see that it really makes a difference.

## Helpful read

I bought these for myself and now get them for friends, teaches you to relax and let kids be kids.

Practical information for parenting that will help get confidence and correct those problems with discipline we all have.

I'm not disappointed in the seller, but in the book. There are a lot of positive discipline books out there, and I got this one because I am a single parent who adopted my little girl, but so far the book is talking about being a single parent and not how to do the positive discipline technique. It is like they assume you already bought their first book. So unless you have questions about single parenting, don't get this book.

Like many of us, I didn't exactly plan to become a single mom. When my husband left me I suddenly realized that if my kids were going to turn out well, it was all up to me (and thankfully, God). "Positive Discipline" takes some basic and effective ideas about raising children and applies them to the world of a post-divorce single parent: just like me. Here are proven and powerful tips about how to change your children's behavior (like Leman's 'New Kid' book) without getting red in the face. I wish I'd known these tips when life caught me by surprise. Helpful hints for all single moms, especially divorced ones. Barbara Sheldon, M.S.W. I also highly recommend: Raising Great Kids on Your Own: A Guide and Companion for Every Single Parent

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NAVY SEAL DISCIPLINE; The Ultimate Guide to Self-Discipline & Control like a US NAVY SEAL: Gain Incredible Self Confidence, Motivation & Discipline.: Self-Discipline: ... Guide (NAVY SEAL WARRIOR GUIDES Book 1)  
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